

COMPOSTING, *Naturally*

A CHECKLIST FOR COMPOSTING ORGANIC WASTE



Before you put anything in your compost bin, ask yourself these 3 questions:

1. Is it food waste?
2. Is it green waste?
3. Is it soiled paper or cardboard?

If the answer is yes,
it's compostable!

FIND OUT ABOUT ALL OTHER COLLECTIONS
(GARBAGE, RECYCLING, ETC.) AT MESCOLLECTES.CA

ACCEPTED MATERIALS

NON-COMPOSTABLE MATERIALS

Kitchen waste



Green waste



Soiled paper or cardboard



GOT MORE QUESTIONS OR COMMENTS?

📞 418 439-3947, option 2

✉ let@mrccharlevoixest.ca

For more information

MESCOLLECTES.CA



ACCEPTED MATERIALS

Kitchen waste

Fruits and vegetables
(including pits, pips and peels)
Meat, fish, seafood and shellfish
(including meat bones and fish bones)
Deli meats and sausages
Eggs and egg shells
Tofu, tempeh, seitan and other meat alternatives
Nuts and nut shells
Dairy products (milk, buttermilk, yogurt, cheese)
Pasta, breads, pastries, cereals, oatmeal, flour
Seaweed
Small amounts of liquids
Ground coffee and filters, tea and herbal tea bags
Desserts, cakes, cookies, candies, sweets
Condiments, spreads and jams
Fried foods, edible oils and fats
(animal and vegetable)
Expired foods without the packaging

Green waste

Garden, yard and flower bed waste
Grass, flowers, weeds, dandelions, cedar leaves,
dead leaves, plants
Wood shavings and sawdust
Straw and hay

Soiled paper or cardboard

Tissue, toilet paper, paper towels, paper napkins
Paper or cardboard packaging soiled with food
or used to package food:
Pizza boxes, pastry boxes or bags, cardboard
boxes and fast food papers, cardboard plates,
paper tablecloths, paper bags, cardboard egg
cartons, popcorn bags, muffin cups, parchment
paper, newspaper



NON-COMPOSTABLE MATERIALS

Kitchen waste

Wooden and plastic coffee stir sticks
Toothpicks, wooden skewers
Wooden crates or boxes for fruit
Individual coffee pods

Green waste

Invasive plants
(ragweed and Japanese knotweed)
Large tree branches or trunks
Soil, sand, gravel, manure

Other

Plastic bags (all types)
Excrement and litter
Cigarette or cigar butts, ashes
Medication
Cotton swabs
Pencils
Vacuum cleaner dust
Baby or adult diapers, sanitary napkins, wet wipes
Nails, hair, fur (human or animal)
Cosmetics, hair and body care products
Mechanical oils
Fabric softener sheets or dryer residue
Clothing, textiles and leather
Recyclable materials, glass, ceramics
Building materials
Household hazardous waste (HHW)
Any other kind of waste



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tips & tricks

Here are some practical tips to help you properly sort your compost. If you still have questions, visit the FAQ section on mescollectes.ca

Maintain your bins



- ✓ Your kitchen food collector is dishwasher safe
- ✓ You can clean your brown bin with vinegar or biodegradable soap
- ✓ Use the lasagna method (alternating paper and organic materials) to absorb any liquids
- ✓ Wrap your waste in newspaper or soiled paper when possible to keep animals away
- ✓ Avoid accumulation of materials
- ✓ Place non-plasticized cardboard at the bottom of your brown bin

Keep animals away



- ✓ Close the lid tightly after each use
- ✓ Spray vinegar or apply peppermint oil around the edge of your brown bin
- ✓ Use a bungee cord to hold the lid closed

Save space



- ✓ Reduce the size of your indoor garbage can
- ✓ Freeze your food waste
- ✓ Use several small containers in different rooms or spaces (at work, for instance)

Eliminate odours



- ✓ Freeze materials with strong odours and put them out the day before collection
- ✓ Store your brown bin in the shade
- ✓ Sprinkle baking soda in your bins regularly
- ✓ Put your bin out on every collection day, even if it's not full

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THE collection



CHECK THE COLLECTION SCHEDULE
FOR YOUR AREA AT

MESCOLLECTES.CA

HOW DO I USE MY KITCHEN FOOD COLLECTOR?

You can put your organic materials directly into the bin. We suggest you put newspaper at the bottom to absorb any liquids.

Be sure to wash your bin regularly to avoid odours. It's even dishwasher safe!



HOW DO I USE MY BROWN BIN?

Empty the contents of your kitchen food collector into your brown bin on a regular basis. Put your bin out the day before every collection, even if it's not full.



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